

Overall 5K Run

24th Annual MVRA Heritage Trail Run

Dubuque, IA

Saturday, May 09, 2015

Plc	M\F	Division	Age	Name	City	St	Gun	mpm
1	1	1 OVM	33	Wes Anderson	Dubuque	IA	16:34	5:20
2	2	1 M25	26	Brandon Harms	Dubuque	IA	17:20	5:35
3	3	1 M20	24	Tyson Squiers	Dubuque	IA	18:11	5:51
4	4	1 M30	32	Cory Hall	Dubuque	IA	18:44	6:02
5	5	1 M50	51	Tim Hodge	Dubuque	IA	19:11	6:11
6	6	1 M55	56	Jamie Brown	Dubuque	IA	19:15	6:12
7	1	1 OVF	35	Jessica Hruska	Dubuque	IA	19:17	6:13
8	7	1 M45	49	Matt Tompkins	Dubuque	IA	19:41	6:20
9	8	2 M30	32	Terry Dunkel	Durango	IA	19:46	6:22
10	9	2 M25	28	Bill Hinton	Dubuque	IA	19:51	6:23
11	10	3 M30	30	Peter McNamara	Dubuque	IA	19:57	6:25
12	11	2 M50	52	Dennis George	Dubuque	IA	19:58	6:26
13	12	4 M30	34	Tim Daley	Dubuque	IA	20:03	6:27
14	13	1 M40	44	Curt Ehlinger	Dubuque	IA	20:04	6:28
15	2	1 F30	32	Tracy Demerath	Dubuque	IA	20:13	6:30
16	14	3 M25	29	Alexander Peterso	Dubuque	IA	20:32	6:36
17	15	4 M25	29	Barry Francois	Manchester	IA	20:33	6:37
18	3	1 F35	35	Tammy Kallback	Dubuque	IA	20:36	6:38
19	4	2 F30	30	Megan Von Bergen	Dubuque	IA	21:05	6:47
20	16	1 JRM	12	Ryan Connolly	Dubuque	IA	21:36	6:57
21	17	1 M35	37	Vic Popp	Dubuque	IA	21:47	7:01
22	5	1 F25	27	Allison Hinton	Dubuque	IA	21:49	7:01
23	18	5 M25	29	Tony Dalsing	Peosta	IA	22:01	7:05
24	19	1 M15	15	Conner Gudenkauf	Dubuque	IA	22:25	7:13
25	6	1 F20	23	Jenean Williams	Dubuque	IA	22:31	7:15
26	20	2 M40	40	Brian Unsen	Dubuque	IA	22:33	7:16
27	21	1 M60	62	John Daley	Dubuque	IA	22:35	7:16
28	22	5 M30	31	Jason Evans	Dubuque	IA	22:38	7:17
29	23	6 M30	33	Adriel McIntosh	Dubuque	IA	22:45	7:19
30	7	1 JRF	11	Kayci Martensen	Benton	WI	22:48	7:20
31	8	2 F35	39	Makon Ford	Dubuque	IA	23:03	7:25
32	24	6 M25	26	Matt Wohrley	Dubuque	IA	23:05	7:26
33	25	2 M20	24	Robert Omara	Dubuque	IA	23:14	7:29
34	9	3 F35	37	Kara Popp	Dubuque	IA	23:16	7:29
35	10	1 F40	44	Liz Pregler	Dubuque	IA	23:22	7:31
36	11	2 F40	41	Carie Gudenkauf	Dubuque	IA	23:31	7:34
37	26	2 JRM	9	Seth Connolly	Dubuque	IA	23:39	7:37
38	12	2 F25	29	Christina McNamar	Dubuque	IA	23:39	7:37
39	27	1 M70	75	Tyger Johnson	Dakota	IL	23:45	7:39
40	13	3 F40	40	Jeana Hillary	Dubuque	IA	24:15	7:48
41	14	2 JRF	9	Audrey Hruska	Dubuque	IA	24:27	7:52
42	15	3 F25	26	Kelsae Eliszewski			24:33	7:54
43	16	3 JRF	14	Faye Meyer			24:37	7:55
44	17	4 F40	43	Lori Wullweber	Dubuque	IA	24:42	7:57
45	28	2 M45	45	Rodney Crooks	Bernard	IA	24:49	7:59
46	18	3 F30	30	Jennifer Even	Dubuque	IA	24:52	8:00
47	19	1 F50	54	Diana Mickelson	Dubuque	IA	25:05	8:04
48	29	7 M30	33	Chris Loewenberg	Asbury	IA	25:10	8:06
49	20	1 F45	45	Keri Lawson	Dubuque	IA	25:19	8:09
50	30	3 M50	51	John Middleman	Dubuque	IA	25:20	8:09
51	31	2 M35	37	Cory Kennedy	Dubuque	IA	25:20	8:09
52	21	4 F30	30	Elizabeth Kuhle	Dubuque	IA	25:25	8:11
53	32	3 M45	49	Bill Meyer			25:28	8:12
54	33	3 JRM	12	Harrison Tompkins	Dubuque	IA	25:31	8:13
55	34	2 M60	67	Lee Smith	Shullsburg	WI	25:41	8:16
56	35	8 M30	32	Damien Haverland	Dubuque	IA	25:44	8:17
57	36	3 M35	39	Joe Baker	Platteville	WI	26:05	8:24
58	22	4 JRF	12	Allison Ehlinger	Asbury	IA	26:13	8:26
59	23	1 F60	60	Ann Cooper	Dubuque	IA	26:14	8:27
60	37	4 JRM	9	Cole Ramler	Dubuque	IA	26:19	8:28
61	24	5 F30	34	Danielle Beck	Peosta	IA	26:30	8:32
62	38	4 M50	52	Scott Clarke	Dubuque	IA	26:31	8:32
63	25	5 JRF	11	Cece Darter	Dubuque	IA	26:32	8:33
64	26	2 F20	22	Clare Ehlbeck	Dubuque	IA	26:44	8:36
65	27	6 JRF	9	Hanna Martensen	Benton	WI	26:45	8:36
66	28	4 F25	25	Tiffany Wuertzer	Peosta	IA	27:06	8:43
67	29	1 F55	59	Liz Thor		IA	27:13	8:45
68	30	2 F45	46	Amanda Crooks	Bernard	IA	27:15	8:46
69	31	5 F25	29	Kassy Herrig	Dubuque	IA	27:34	8:52
70	32	6 F25	29	Jamie Weiner	Dubuque	IA	27:51	8:58
71	33	7 F25	26	Christina Reese	Dubuque	IA	27:55	8:59
72	34	8 F25	28	Emily Haverland	Dubuque	IA	28:00	9:01
73	39	4 M35	35	Nathan Hall	Dubuque	IA	28:04	9:02
74	35	6 F30	31	Carissa Muchow			28:15	9:05
75	40	5 JRM	11	Cole Thill	Dubuque	IA	28:18	9:07
76	36	7 JRF	8	Ayla Osterkamp	Dubuque	IA	28:21	9:07
77	37	4 F35	38	Brandi Kampas	Dubuque	IA	28:25	9:09
78	38	8 JRF	8	Trinity Priest	Dubuque	IA	28:25	9:09
79	39	9 JRF	10	Sydney Block	Dubuque	IA	28:31	9:11
80	41	5 M35	39	Ryan Block	Dubuque	IA	28:32	9:11

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Plc	M\F	Division	Age	Name	City	St	Gun	mpm
81	40	9 F25	27	Amanda Delaney	Dubuque	IA	28:40	9:14
82	41	3 F45	47	Stephanie Dirks	Platteville	WI	28:55	9:18
83	42	4 F45	46	Becky Plummer	Dubuque	IA	28:59	9:20
84	42	6 M35	39	Dave Brauhm			29:03	9:21
85	43	10 JRF	9	Isabel Brauhm			29:03	9:21
86	43	3 M60	60	Pat Noonan	Cascade	IA	29:06	9:22
87	44	7 F30	31	Jackie Evans	Dubuque	IA	29:12	9:24
88	44	2 M55	57	Mick Miyamoto	Asbury	IA	29:13	9:24
89	45	8 F30	34	Jessica Keller-Ci	Dubuque	IA	29:15	9:25
90	45	7 M35	39	Marty Maiers	Dubuque	IA	29:22	9:27
91	46	4 M45	48	Michael Scott	Dubuque	IA	29:30	9:30
92	47	5 M45	49	John Ottavi	Dubuque	IA	29:30	9:30
93	46	10 F25	28	Kelly Wilson	Dubuque	IA	29:36	9:32
94	47	11 F25	27	Madeline Oglesby	Asbury	IA	29:39	9:33
95	48	5 F40	40	Lesley Sullivan	Dubuque	IA	29:46	9:35
96	48	7 M25	27	Michael Fitzpatri	Sherrill	IA	29:51	9:37
97	49	2 F60	64	Deborah Otto	Dubuque	IA	30:03	9:40
98	50	11 JRF	10	Helen Hall	Dubuque	IA	30:09	9:42
99	51	12 JRF	7	Gwendolyn Hall	Dubuque	IA	30:10	9:43
100	52	9 F30	31	Kirstin Ehrler	Scales Mound	IL	30:13	9:43
101	53	10 F30	34	Katie Wiedemann	Dubuque	IA	30:25	9:48
102	49	4 M60	60	Martin Fiesler	Dubuque	IA	30:34	9:50
103	54	5 F45	45	Dina Hall	Dubuque	IA	30:39	9:52
104	55	6 F40	40	Dana Poll	Dubuque	IA	30:48	9:55
105	56	6 F45	45	Deb McMahon			30:52	9:56
106	57	7 F45	49	Kimberley Keil	Dubuque	IA	31:04	10:00
107	58	7 F40	43	Michelle Ehlinger	Asbury	IA	31:05	10:00
108	59	2 F50	50	Shirley Buss		IA	31:08	10:01
109	60	3 F60	64	Sandy Moriarity	Dubuque	IA	31:20	10:05
110	61	8 F40	42	Corrie Demuth	Dubuque	IA	31:24	10:06
111	62	5 F35	38	Courtney Lomax-Mo	Galena	IL	32:01	10:18
112	63	12 F25	28	Katie Jones	Dubuque	IA	32:18	10:24
113	64	11 F30	31	Kelly Meir	Vadnais Height	MN	32:18	10:24
114	65	2 F55	55	Vicki Paris			32:35	10:29
115	66	13 F25	27	Amanda Willenborg	Dubuque	IA	32:37	10:30
116	50	6 M45	45	Shawn Tisdale	Pekin	IL	32:51	10:34
117	67	12 F30	33	Tammy Ford	Epworth	IA	33:01	10:38
118	68	13 F30	34	Liza Tucker	Sherrill	IA	33:10	10:40
119	69	13 JRF	12	Riley Glew	Sherrill	IA	33:15	10:42
120	70	9 F40	40	Jennifer Reel	Dubuque	IA	33:16	10:42
121	71	14 JRF	9	Alison Munshower	Dubuque	IA	33:32	10:48
122	51	7 M45	47	Eric Munshower	Dubuque	IA	33:34	10:48
123	52	8 M35	39	Lori Laufenberg	Platteville	WI	33:59	10:56
124	72	15 JRF	8	Evelyn Hall	Dubuque	IA	34:14	11:01
125	73	14 F30	33	Christine Darr	Dubuque	IA	34:14	11:01
126	74	14 F25	25	Stephanie Sprague	La Motte	IA	34:31	11:07
127	75	15 F25	28	Corin Cogan	Dubuque	IA	34:32	11:07
128	53	9 M30	30	Aj Cogan	Dubuque	IA	34:32	11:07
129	76	3 F20	22	Ariel Steiner	Potosi	WI	34:41	11:10
130	77	4 F20	21	Melanie Schultz	Dubuque	IA	34:46	11:12
131	78	16 F25	25	Carly Green	Dubuque	IA	34:51	11:13
132	79	17 F25	25	Kirsten Dejarlais	Decorah	IA	34:51	11:13
133	80	6 F35	38	Michelle Weber	Dubuque	IA	34:59	11:16
134	81	18 F25	26	Gina Clemen	Holy Cross	IA	35:24	11:24
135	82	16 JRF	13	Olivia Duehr	Durango	IA	35:24	11:24
136	83	3 F50	51	Colleen Fitzpatri	Sherrill	IA	35:47	11:31
137	54	3 M40	43	Todd Wessels	Dubuque	IA	36:31	11:45
138	55	6 JRM	9	Jack Duehr	Durango	IA	36:32	11:46
139	84	4 F50	54	Laura Clemen	Holy Cross	IA	37:03	11:55
140	85	19 F25	27	Cali Amos	Dubuque	IA	37:21	12:01
141	86	15 F30	34	Janet Herzog	Asbury	IA	37:22	12:02
142	87	16 F30	34	Janelle Spiegelha	Dubuque	IA	37:27	12:03
143	56	5 M50	54	Dale Sprague	Dubuque	IA	37:32	12:05
144	88	10 F40	43	Maria Pitt	Dubuque	IA	38:03	12:15
145	89	17 F30	31	Shelly Theisen	Dubuque	IA	38:06	12:16
146	57	10 M30	32	Brad Theisen	Dubuque	IA	38:07	12:16
147	90	17 JRF	11	Hannah Glew	Sherrill	IA	38:17	12:19
148	91	18 F30	33	Kelly Kieffer	Dubuque	IA	39:05	12:35
149	58	8 M45	48	Tony Oswald	Dubuque	IA	39:05	12:35
150	92	20 F25	28	Nicole Stokes	La Motte	IA	39:32	12:44
151	93	21 F25	27	Lisa Nachtman	Dubuque	IA	40:33	13:03
152	94	11 F40	40	Marica Hueneke	Asbury	IA	40:45	13:07
153	95	7 F35	36	Jennifer Watson	Dubuque	IA	43:26	13:59
154	96	19 F30	33	Lindsay Wagner	Dubuque	IA	44:16	14:15
155	97	3 F55	57	Debra McGinnis	East Dubuque	IL	44:34	14:21
156	98	18 JRF	7	Memphis Gibson	Dubuque	IA	44:44	14:24
157	99	20 F30	33	Molly Gibson	Dubuque	IA	44:45	14:24
158	100	8 F35	37	Lisa Potter	Dubuque	IA	45:15	14:34
159	101	4 F60	62	Irene Stephan	Dubuque	IA	50:05	16:07
160	102	5 F50	53	Sally Meyer			51:13	16:29

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Plc	M\F	Division	Age	Name	City	St	Gun	mpm
161	103	21 F30	31	Calais Baker			51:14	16:30
162	59	9 M35	35	Brian Becker	Dubuque	IA	51:51	16:41
163	104	19 JRF	8	Alison Unsen	Dubuque	IA	52:01	16:45
164	105	20 JRF	11	Emily Unsen	Dubuque	IA	52:02	16:45
165	106	6 F50	51	Kimberly Jo Wulfe	Asbury	IA	52:06	16:46
166	60	7 JRM	12	Nathan Munshower	Dubuque	IA	53:46	17:18