

# 24th Annual MVRA Heritage Trail Run

## Awards Report

5/9/2015

Dubuque, IA

5K Run

Place	Finisher	City	Time	Place	Finisher	City	Time
<b>Overall Male</b>				<b>M[50-54]</b>			
1	Wes Anderson	Dubuque	16:34	1	Tim Hodge	Dubuque	19:11
				2	Dennis George	Dubuque	19:58
				3	John Middleman	Dubuque	25:20
<b>Overall Female</b>				<b>F[50-54]</b>			
1	Jessica Hruska	Dubuque	19:17	1	Diana Mickelson	Dubuque	25:05
				2	Shirley Buss	IA	31:08
				3	Colleen Fitzpatri	Sherrill	35:47
<b>M[14 &amp; Under]</b>				<b>M[55-59]</b>			
1	Ryan Connolly	Dubuque	21:36	1	Jamie Brown	Dubuque	19:15
2	Seth Connolly	Dubuque	23:39	2	Mick Miyamoto	Asbury	29:13
3	Harrison Tompkins	Dubuque	25:31	<b>F[55-59]</b>			
				1	Liz Thor	IA	27:13
				2	Vicki Paris		32:35
				3	Debra McGinnis	East Dubuque	44:34
<b>F[14 &amp; Under]</b>				<b>M[60-69]</b>			
1	Kayci Martensen	Benton	22:48	1	John Daley	Dubuque	22:35
2	Audrey Hruska	Dubuque	24:27	2	Lee Smith	Shullsburg	25:41
3	Faye Meyer		24:37	3	Pat Noonan	Cascade	29:06
<b>M[15-19]</b>				<b>F[60-69]</b>			
1	Conner Gudenkauf	Dubuque	22:25	1	Ann Cooper	Dubuque	26:14
				2	Deborah Otto	Dubuque	30:03
				3	Sandy Moriarity	Dubuque	31:20
<b>M[20-24]</b>				<b>M[70 &amp; Over]</b>			
1	Tyson Squiers	Dubuque	18:11	1	Tyger Johnson	Dakota	23:45
2	Robert Omara	Dubuque	23:14				
<b>F[20-24]</b>							
1	Jenean Williams	Dubuque	22:31				
2	Clare Ehlbeck	Dubuque	26:44				
3	Ariel Steiner	Potosi	34:41				
<b>M[25-29]</b>							
1	Brandon Harms	Dubuque	17:20				
2	Bill Hinton	Dubuque	19:51				
3	Alexander Peterso	Dubuque	20:32				
<b>F[25-29]</b>							
1	Allison Hinton	Dubuque	21:49				
2	Christina McNamar	Dubuque	23:39				
3	Kelsae Elizewski		24:33				
<b>M[30-34]</b>							
1	Cory Hall	Dubuque	18:44				
2	Terry Dunkel	Durango	19:46				
3	Peter McNamara	Dubuque	19:57				
<b>F[30-34]</b>							
1	Tracy Demerath	Dubuque	20:13				
2	Megan Von Bergen	Dubuque	21:05				
3	Jennifer Even	Dubuque	24:52				
<b>M[35-39]</b>							
1	Vic Popp	Dubuque	21:47				
2	Cory Kennedy	Dubuque	25:20				
3	Joe Baker	Platteville	26:05				
<b>F[35-39]</b>							
1	Tammy Kallback	Dubuque	20:36				
2	Makon Ford	Dubuque	23:03				
3	Kara Popp	Dubuque	23:16				
<b>M[40-44]</b>							
1	Curt Ehlinger	Dubuque	20:04				
2	Brian Unsen	Dubuque	22:33				
3	Todd Wessels	Dubuque	36:31				
<b>F[40-44]</b>							
1	Liz Pregler	Dubuque	23:22				
2	Carie Gudenkauf	Dubuque	23:31				
3	Jeana Hillary	Dubuque	24:15				
<b>M[45-49]</b>							
1	Matt Tompkins	Dubuque	19:41				
2	Rodney Crooks	Bernard	24:49				
3	Bill Meyer		25:28				
<b>F[45-49]</b>							
1	Keri Lawson	Dubuque	25:19				
2	Amanda Crooks	Bernard	27:15				
3	Stephanie Dirks	Platteville	28:55				