

2014 Iowa Winter Games 5K Results

<u>OVERALL FEMALE / Age Group</u> Pam Connelly (40-44) 21:59

50-54

1 Laure Lewis 42:05

2

3

55-59

1 Mary VonBogaert 36:50

2

3

60 -64

1

2

3

65-69

1

2

3

70+

1

2

3

5K FEMALE AGE GROUP WINNERS

15 and Under

1 Lindsey Benko 28:23

2 Anna Dolan 40:04

3

16-18

1

2

3

19-24

1 Raquel Gutierrez 25:28

2 Danielle Strysick 27:40

3 Leah Hocking 28:54

25-29

1 Cassie McDonald 25:53

2 Megan VonBergen 26:05

3 Kristin Wessels 27:35

30-34

1 Sarah Seely 33:05

2 Kelly Gibbs 33:14

3 Alicia Haubach 41:23

35-39

1 Lori Wiene 41:23

2

3

40-44

1 Tammie Harbin 28:41

2 Kelly Reagan

3 Jenni Martinez 36:20

45-49

1 Sharon Klein 28:47

2 Chris Nugent 31:30

3 Shirley Buss 32:42

2014 Iowa Winter Games 5K Results

OVERALL MALE / Age Group

Preston Kauder

(16-18) 18:17

5K MALE AGE GROUP WINNERS

15 and Under

1 Clayton Streed 21:16

2

3

16-18

1

2

3

19-24

1

2

3

25-29

1 Tom Henders 18:46

2 William Hinton 23:30

3 Derrick Schmidt 24:01

30-34

1 Cory Hall 21:27

2 Scott Seeley 21:44

3 Mark Roling 25:01

35-39

1 John Moore 22:14

2 Adam Weller 23:28

3 Rob Harbin 28:42

40-44

1 Mark Clemens 23:30

2 Shannon Woulfe 24:44

3 Ty Kleiner 25:13

45-49

1 Mike Knowle 28:35

2 Larry Perkins 29:15

3 Marty Runde 36:28

50-54

1 Phil Kauder 20:34

2 Randy Timmerman 25:20

3 Chuck Soat 25:45

55-59

1 Randy Nordheim 23:11

2 Scott Wallace 23:46

3 Matt Mohrfeld 25:59

60 -64

1 Jerry Brown 27:59

2

3

65-69

1

2

3

70 and Over

1 Tom Kirkwood 28:44

2